



*Celebrating 40 Years as One of Los Angeles' Leading Domestic Violence Organizations*



*Haven Hills provides safety, shelter, and support to all victims of domestic violence while working to break the cycle of abuse. We save lives, inspire change, and transform victims into empowered survivors.*

## **WHO WE ARE**

Since 1977 Haven Hills has provided safety and support to victims of domestic violence. We offer shelter, crisis intervention, counseling, advocacy, and activities supporting increased economic opportunity. Each year we help over 3,000 women and men find the strength within themselves to break the cycle of abuse and build a new, productive and positive life for themselves and their children. Through our programs and services, we save lives, inspire change, and transform victims into empowered survivors.

The Haven Hills Crisis Line is staffed by trained counselors and volunteers 24/7. Whether it's a victim calling or a friend reaching out to get help for a victim, s/he will talk to a knowledgeable person who is ready to listen.

Our bilingual counselors provide immediate assistance for victims including:

- ✓ Access to 30-Day Crisis Shelter
- ✓ Referrals to medical care
- ✓ Referrals to available legal/social service resources
- ✓ Help in developing a safety plan
- ✓ Spanish-speaking staff available



**Call 818.887.6589**  
if you or someone you know is  
a victim of domestic violence.  
**Help is a phone call away.**

## 30-Day Crisis Shelter

The 30-Day Crisis Shelter offers a confidential refuge for victims of domestic violence, and their children, to find stability, break away, reassess and begin to rebuild their lives. The shelter provides food, clothing, and supportive services for 30 days. Our staff immediately address trauma with:

- ✓ Counseling, support and advocacy
- ✓ Legal and medical referrals
- ✓ Development of a safety plan
- ✓ Access to community resources
- ✓ Children's program and On-Site Shelter School

## HAVEN TWO 18-Month Transitional Housing Shelter

The Haven Two Program provides no-cost temporary housing for women, men, and their children to take the next steps in stabilizing their lives and planning for the future. This 18-month program provides the client with tools to establish credit, develop a budget, find a permanent place to live, and develop a plan for safety. The program includes:

- ✓ Job counseling, training, and referrals
- ✓ Access to local education programs and workshops to build skills
- ✓ Support groups such as developing parenting skills, building self-esteem, and understanding the dynamics of domestic violence
- ✓ Family counseling
- ✓ Children's programs



## Volunteer Training

There are many volunteer opportunities that are critical in the fight to end domestic violence. Haven Hills also facilitates a 40-Hour Domestic Violence Counselor Training, a required training for volunteers interested in working on the Crisis Hotline or with clients directly.

To learn more about volunteer opportunities or the 40-Hour Domestic Violence Counselor Training, please email [volunteers@havenhills.org](mailto:volunteers@havenhills.org) or call **818.887.7481**.



**24-Hour Crisis Line**

**818.887.6589**

**Help is just a phone call away.**

 Office: 818.887.7481

 818.887.4796

 Email: [safe@havenhills.org](mailto:safe@havenhills.org)

 [www.havenhills.org](http://www.havenhills.org)

 P.O. Box 260  
Canoga Park, CA 91305

## Additional Services

### Workshops and Trainings

There are many trainings and workshops for groups that want to recognize the signs of domestic violence, understand the barriers to leaving, and comprehend the psychological impacts of domestic violence.

### Haven Hills' Children's Program

Haven Hills provides resident children with group counseling and support groups that emphasize art and play. The program also provides children with one-on-one tutoring.

### Counseling at Haven Hills

Support groups give participants the skills to recognize the signs of domestic violence, understand the barriers to leaving, and gain education about available legal resources available to domestic violence victims.

### CalWORKs Services

In collaboration with the L.A. Department of Public Social Services, Haven Hills assists clients in the CalWORKs GAIN Program to recover from domestic violence and move toward self-sufficiency and employment.

## DOMESTIC VIOLENCE CAN HAPPEN TO ANYONE.

Married couples. People who are living together or who are dating. Teens. College students. Newlyweds. So-called “Power Couples” blessed with wealth and fame. Men and women working to raise themselves out of poverty. LGBTQ partners. People with disabilities. Seniors. Anyone.

## DOMESTIC VIOLENCE AFFECTS EVERYONE.

We all need to understand domestic violence. Learn how to recognize the signs of DV happening in your own life, or in the lives of friends, family, neighbors, co-workers. Anyone you know.



## You Are Not Alone: The Strength of Haven Hills

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Always remember: domestic violence shows itself as a pattern of behavior in any relationship that is used to get or keep power and control over an intimate partner.

Abuse is physical, sexual, emotional, economic or psychological actions to influence another person. In an abusive relationship, one intimate partner uses physical, sexual, emotional or other violence to try to gain and maintain power and control over the other partner.

Every human being has the right to feel safe, to live each day, and rest each night, free from violent actions and intimidating threats.

Every human heart can admit what love is—and is not. Love is not abuse. Domestic violence is never acceptable in any relationship.

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